

SERMON SUMMARY

7 REACTIONS TO A CRISIS

- 1. DENIAL. "It's not my problem. It may not even be real."
- 2. DISMISSAL "It's real, but no big deal. It'll end fast & won't last!
- 3. DEFIANCE. "I refuse to let this limit my freedom! I'm healthy!"
- 4. ACCEPTENCE. "OK, it IS a big deal & it WILL affect me."
- 5. DISRUPTION. "My life just turned upside down & I must make some tough choices!"
- 6. DISTRESS. "It's going to last a long time & change everything."
- 7. DETERMINATION. "With God's grace we'll get through this together!"

DISCUSSION QUESTIONS

(Do not feel like you must cover every question below. Decide which one or ones really apply to your group or stir up an interest in your group. Do not rush to "get through them all." It is more important that you discuss openly and honestly than that you go over every question.)

1. In all honesty where are you right now in your life?

"We make our choices and then our choices make us."

2. Tell the group about some of the decision both good and bad that have shaped your life.

THE FIRST THING I NEED TO DO WHEN MAKING HARD DECISIONS IS TO TRUST GOD. TRUSTING GOD GIVES ME HIS WISDOM. PUT GOD FIRST IN MY LIFE.

"We think we know so much so we don't spend a lot of time asking God for wisdom. We think we already know what to know!"

3. How much time do you spend asking God what to do before you make decisions?

PRACTICE GOD'S WORD IN MY LIFE.

You don't get wisdom by reading the Bible but by <u>applying</u> the Bible. The only parts of the Bible that we actually believe are the parts that we practice. Doing what the Bible says will always be the right thing to do.

4. Rate yourself. Do you really do what God says in the Bible when it goes against what you say?

"The people you hang out with the most are either helping you or hurting you. The quality of your life and decisions, will be determined by who you spend the most time with."

5. Describe the spiritual condition of the people you spend the most time with.

TRUSTING GOD MAKES MY FUTURE SECURE.

6. Would you say that you live with a spirit of fear or trust?

TRUSTING GOD FREES ME FROM SECOND-GUESSING.

TRUSTING GOD MOVES HIM INTO ACTION.

"God is not moved by our whining, or complaining, However, trusting God moves Him into action." WHEN I TRUST GOD, HE USES EVEN MY MISTAKES.

"When I trust God, even if I make the wrong decision, God will still bring good out of it. I can't lose. "

7. Tell the group a time when God used a wrong decision in your life to bless you.